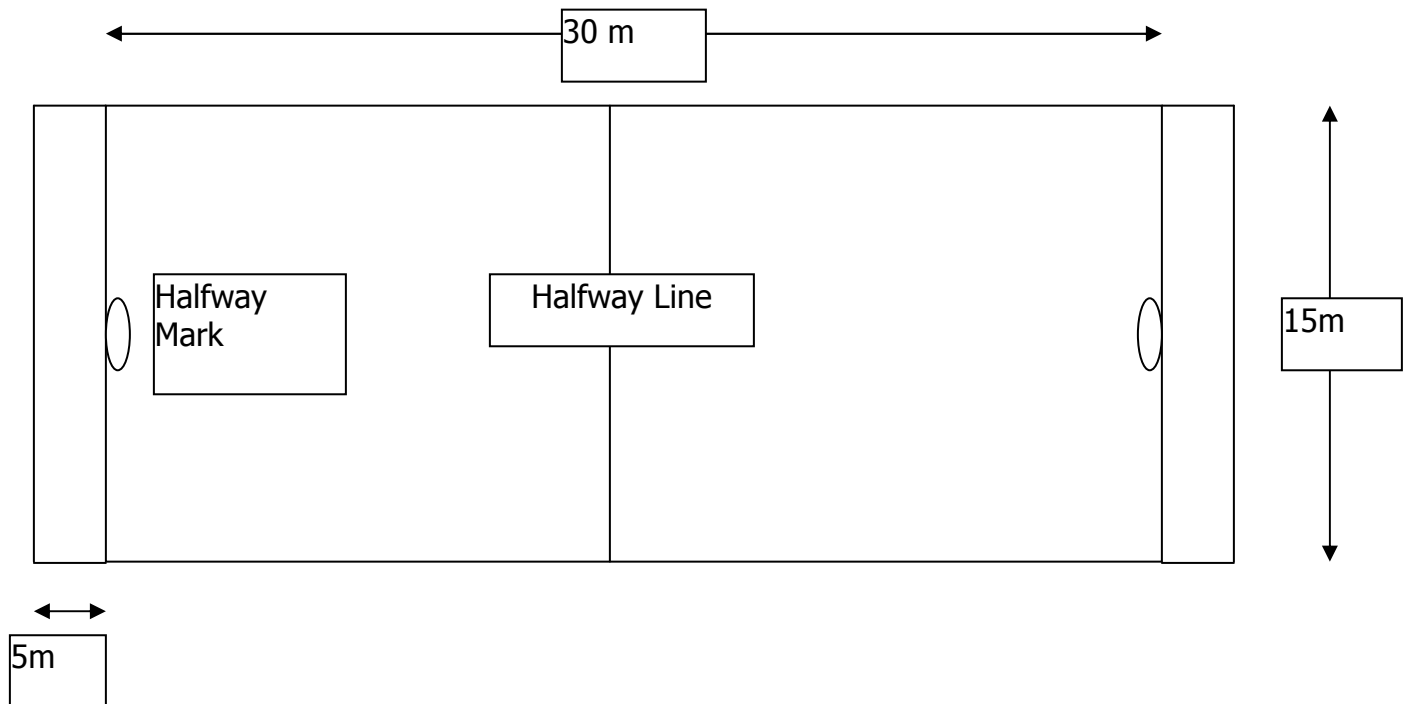


Jersey Beach Touch Competition

RULES

FIELD OF PLAY

Is a rectangle area 15 metres wide and 30 metres long. It is bounded by scorelines and sidelines, which extend 5 metres past the scoreline.



TEAM COMPOSITION

A team consists of 6 players of which only 3 are allowed to be on the field of play at any one time whilst a team is in possession of the ball and a maximum of 2 whilst a team is defending.

Players may substitute with each other at any time, but it must be from an onside position.

A mixed team must have a minimum of two female members. A female player must be on the field of play at all times.

MODE OF PLAY

The object is to score more points than your opponent.

The game is commenced and/or recommenced by placing the ball anywhere along the scoreline. The ball is picked up and passed immediately. The player picking up the ball cannot make a step unless it is in the act of passing.

The player in possession of the ball may run or pass the ball in an attempt to negotiate the opposition. To retain possession, the attacking team must not allow the ball to touch the ground.

No kicking.

If a touch is affected on a player in possession, that player must return to the mark and play the ball. A play is when the player touches the ground with the ball and passes immediately.

A team retains possessions of the ball until 4 touches have been affected or an infringement occurs.

If a touch is affected on the ball in flight, by a defending player, the attacking team must retain possession for the touch count to continue. A team is not however awarded four more touches because of the action of the defender.

The defending team may move forward to affect a touch as soon as the ball touches the ground.

When play recommences the defending team must stand on or behind the half way line.

INFRINGEMENT

Infringement is a breach of the rules of the game and is subject to a player being dismissed from the field; and/or, possession being awarded to the non offending team; and/or, four more touches being awarded, and the non offending team being given five metres advantage towards their opponents scoreline. Infringements subject to the above actions are:

- Allowing the ball to fall to the ground whilst in possession
- Stepping prior to making a pass, after a touch, or at the commencement or recommencement of the game.
- Stepping on or outside the sidelines.
- Not touching the ground when playing the ball.
- Not playing when the ball when touched.
- Passing after being touched and prior to playing the ball.
- Passing the ball forward.
- On a change of possession, not returning the ball to the mark or handing it to the closest opponent.
- Being offside.
- A defending player failing to affect a touch.
- Interfering in the play of the ball.
- Unsportsmanlike behaviour.

The method of bringing the ball into play at an infringement is to simply touch the ground with the ball. The ball doesn't need to be tapped with the foot at any stage during the game.

OFFSIDE

Offside is being:

- In front of your team mate who has the ball.
- Not retiring 3 metres after a touch.
- Not retiring 3 metres after an infringement.
- Being inside 3 metres of your opponent when the ball is played.
- Not being on or behind the half way line at the commencement or recommencement of the game.